



# Going home checklist

Patient**First**

We want your move from hospital to home to go as smoothly as possible.

## Before leaving hospital, make sure your doctor or nurse has given you:

- a discharge letter about your diagnosis and treatment to discuss with your GP
- an 'easy to read' medicine list to help you manage your new medicines at home
- instructions about the medicines you were taking **before** you were admitted to hospital and any changes that have been made
- information about how to care for any surgical wounds or how to use any aids e.g. crutches
- advice about any further tests you might need
- details of when you will need to see your GP or attend an outpatient clinic
- any X-rays and all your personal belongings
- information about your special needs at home such as hand rails, wheel chair, preventing falls, diet
- information about any exercises you might need to continue at home.
- a signed Patient Assisted Travel Scheme (PATS) form, if you are a country patient.

## Also check that the hospital has:

- kept your carer up to date
- arranged for any nursing home care that you may need
- confirmed your transport home
- arranged for a home assessment if you have asked for one.



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